

**Helping Islanders Get Active & Stay Healthy!** 

# 2017 - 2018 ANNUAL REPORT



Health and Wellness

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# PRESIDENT'S REPORT - Sean Murphy

Looking back at the previous year and everything that Recreation PEI has accomplished from one end of this great Island to the other, I can truly see the great work and dedication that all recreation professionals and volunteers have provided so that all Islanders have the ability and means to participate in recreation. We were able to achieve this because of all of the hard work of the dedicated Recreation PEI staff, support from the Board and from all of the program delivery partners across the Island. I would also like to thank the Department of Health and Wellness (Division of Sport, Recreation and Healthy Living) for the continued support that they have provided over the years.

We would like to thank Premier Wade MacLauchlan, the Minister of Health and Wellness the Honorable Robert Mitchell, Director John Morrison and Francois Caron for the dedication that they have shown to the successful implementation of the PEI Wellness Strategy and for the confidence that they have in Recreation PEI to allow us to continue to offer quality services and programming.

The go!PEI program has continued to be a great champion for recreation across the Island, with all 3 regions, Western led by Executive Director Toni Geary, Central led by E.D. Josh Whitty and Eastern led by E.D. Jacob Smith along with the Cities of Summerside and Charlottetown and the Towns of Cornwall and Stratford have once again out done themselves on the delivery of the go!PEI programs. I couldn't talk about go!PEI without acknowledge all of the hard work that our previous go!PEI Provincial Coordinator Vicki Tse has done, which has included but no limited to the creation of the new go!PEI website and all the work that she has done on the PHAC Multi-Sectoral Funding project. I would also like to welcome Cathleen MacKinnon as the new go!PEI Provincial Coordinator whom I have no doubt will continue to offer a great programs and initiatives for all Islanders.

Canadian Tire and the Canadian JumpStart Program continued to lend its support to the "Learn to Skate" program in 5 different arenas across the province. With their donation we were able to provide skates, helmets, ice time and instructional programs for children at these 5 arena's, all of which had a waiting list. We with the support of JumpStart we will be able to continue to offer this program next season and that we will be able to grow it allowing more kids the opportunity to learn to skate.

ParticipAction's "150 Play List" which was meant to get people up and moving during Canada's 150th Birthday got some great results. The Play List is 150 activities that encourages Canadians to get up and try new things by trying to accomplish as many of the activities as they can. Upon completion of the challenge, surveys were submitted by 62% of the people that participated. It stated that 58% said it got them off the couch, 50% said it got them more active, and 91% of respondents said they would maintain this level of physical activity.

Frank Morrison continues to be involved with Recreation PEI by being the leader of the "Tobacco Free Project" which he is very passionate about. Frank is currently working on getting municipalities to adopt a "Smoke Free By-Law" that will continue to help make PEI smoke free in recreation settings. So far Charlottetown, Summerside, Stratford, Montague, Souris and Cornwall have either adopted the Smoke Free By-Law or are in the process of adopting it. I am sure Frank will not stop until the whole Island is on board as he is already in the process of meeting with 22 more municipalities.

Over the past year Recreation PEI has continued to offer great programs, trainings and conferences, such as the MAOI, Canadian Recreation Facilities Network meeting and High Five Training. However, the one training that sticks out most for me was the Ammonia Safety Training, which was held in 3 arenas across the province over a 2-day period which was done as a result of the tragedy in Fernie, BC in late 2017 which saw the lives of three men taken away. This safety training was to help ensure something similar never happens here. It goes without saying that the conference of the year would have been the Atlantic Recreation and Facilities Conference and Trade Show. This year's conference was very well attended and everyone that I spoke with had nothing but praise for it, from the Conference location, to the sessions, the food and all of the social events. This would not have been possible without all of the hard work from the organizing committee who helped pull this together and for that we say thank you.

With my role as President coming to an end, I want to personally thank Executive Director Beth Grant and Jamie Gosbee for all of the work done each day to make sure the programs and initiatives continue to have such a big and important impact on all Islanders. I also want to thank all the members of the Board of Directors, who are all leaders in recreation and who give up their valuable time to make sure that the wellbeing of all individuals across PEI, regardless of age, physical ability, location or barriers are able to lead healthier lives. I look forward to continuing to work with the Board of Directors in my new role as Past-President and being able to support Dean and the rest of the board.

In closing, I would like to wish Beth Grant a very happy and well deserve retirement from Recreation PEI. Beth has been a very strong voice for Recreation across the Island and will be missed by all of those that she has come into contact over the years. Not only will her knowledge and expertise be missed but also her dedication over the last 14+ years. Beth has made a big impact in the field of Recreation not only here in PEI, but across the country. Thank You Beth and I wish you nothing but happiness going forward, you deserve nothing less.

Here's to the next chapter,



### **EXECUTIVE DIRECTOR'S REPORT - Beth Grant**

It's been a productive year for Recreation PEI supporting recreation and facilities through programs, professional development, and communications. We continually seek additional sources of funding to enhance the wonderful work of our members in community development and help them address the issues they face in creating active and safe environments.

The go!PEI healthy living initiative continues to be supported and funded through the Department of Health and Wellness. The Steering Committee is powered by Francois Caron with Sterling Carruthers from the Dept. of Education, representation from the regional sport and recreation councils, VP Dean Lund and Recreation PEI staff. go!PEI coordinator Vicki Tse, left our team in March 2017, we want to thank her for her important role in moving go!PEI forward to the next level. Jamie Gosbee, our projects coordinator, has effectively and professionally managed multiple projects over the past year. These capable, innovative and driven staff fuel this association.

Recreation PEI is proactive to advocate for issues that support recreation, parks and facilities. For example we advocated for ammonia safety in arenas and funded training across the province. The newsletter is a platform to advocate on the pillars of "A Framework for Recreation in Canada—Pathways to Wellbeing", a guiding document to the sector for the next seven years.

The Tobacco Free Program helps create healthy facilities. Funding was received from the Smokers Helpline to purchase permanent outdoor signage. Signs and window decals are available to communities that adopt tobacco free policy. Thanks to volunteer Frank Morrison for his tireless and dedicated leadership on this project; and thank you to Gary MacDougall from Smoke Free PEI for copresenting with Frank in many communities over the last year.

Thank you to the Minister Responsible for Recreation, Honorable Robert Henderson followed by Minister Robert Mitchell. Once again the PEI Government Department of Health and Wellness - Sport, Recreation and Healthy Living Division has provided us with financial support and advice that are vital to the delivery of our programs and services. Thanks to Director John Morrison and our Board Liaison Francois Caron for their commitment to the sector.

The Association's provincial partnerships also include Department of Education and Early Child Development, Sport PEI, PEI Marathon, PEI Tobacco Reduction Alliance, Smokers Helpline, Heart and Stroke Foundation, Seniors Secretariat and other healthy living promotion agencies. Our Atlantic valued partner organizations are RNL, RNB, RNS and RFANS. Recreation PEI is a member of the national organization Canadian Parks and Recreation Association (CPRA). Nancy McMinn represents Rec PEI on the CPRA Board of Directors and serves on the national Parks, Awards and Strategic Planning Committees. CPRA advocates at a federal level for parks, recreation and recreation infrastructure. We also value our relationship with the Canadian Recreation Facilities network and will host the national spring meeting on PEI. We are proud of our partnership with Canadian Tire Jumpstart and appreciate our

numerous project funders such as Public Health Agency of Canada, New Horizons, Rio Can, etc.

The Board of Directors has gone far beyond the call of duty to provide the collaborative service and wise council to run a very diverse organization. Thanks to President Sean Murphy for his outstanding leadership on the Board. Treasurer Kevin Crozier provides professional financial management and oversight of our multiple projects. Thank you to Secretary Adam Ross/followed by Nancy McMinn, and VP Dean Lund who have been fully engaged in the operation of the association. Paula Sark, as chair of advocacy, promotes the issues that are important to our members at every opportunity. Thanks to Directors Dale McIsacc, Trent Williams and Jean-Marc Beauchesne.

I will be retiring from Recreation PEI at the end of June. It's been a real privilege to work with my colleagues in our province in supporting and promoting active healthy communities and safe facilities. I'll miss everyone I've worked with and wish you all success in your important endeavors in the recreation sector. I'm excited about having more time to take advantage of all the great recreation opportunities in PEI and beyond, and look forward to our paths/trails/rivers crossing in the future!

All the best,

Beth Grant, Executive Director - Recreation PEI





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### **TOBACCO FREE PROJECT REPORT - Frank Morrison**

### **BACKGROUND**

Recreation PEI is dedicated to promoting safe facilities for all to enjoy. Since 2006, we've implemented the tobacco-free sport and recreation initiative, during which programs, policy and materials have been developed to assist in the creation and implementation of a tobacco-free policy. In the past several years, with the support and partnership of the Province of Prince Edward Island Department of Health and Wellness, and Smokers' Helpline, we were able to continue our commitment to provide information, training and support at the municipal community level. A brochure, a video, various types of new signage and window decals have been developed and distributed to assist in the delivery and promotion of our goals. Frank Morrison is the Tobacco Free Program Manager.

### SPECIAL MILESTONES AND SUCCESSES

- Charlottetown was the first municipality on PEI to announce a smoke free places by-law!
- Frank has been working with Stratford to achieve the goal of being the first tobacco free community in Canada!
- Recreation PEI supported the full process of UPEI and Bell Aliant Centre in becoming tobacco free.
- The definition of "A Public Place" was established "is generally indoor or outdoor, whether privately or publicity owned, to which the public have access by right or by invitation, expressed or implied, whether by payment of money or not; but not a place when used exclusively by one or more individuals for a private gathering or other personal use."
- The definition of "Smoke Free" was established as meaning 100% Smoke Free. Smoke Free By-Law includes: Tobacco and "Tobacco Related Products": Cigarettes, Cigars, Cigarillos and Little Cigars, Chew -Smokeless Tobacco, Dip Smokeless Tobacco, Electronic cigarette or E- cigarette (nicotine delivery system), Hookah, Kreteks, Pipe, Heat Sticks, Marijuana.
- Media interest and coverage to create awareness of tobacco free environment for this program was excellent: Guardian article and photo, CBC compass live interview, CBC Island Radio Live interview, Eastern Graphic article and photo.

### PHYSICAL ACTIVITY / NORDIC POLE WALKING PROGRAMS

Funding was provided to communities to offer physical activity programs targeted at smokers, their friends and families. These programs were held in the Western Region Sport and Recreation Council, Central Region Sport Recreation Council, the Eastern Region Sport and Recreation Council, and the Town of Cornwall.

### **SIGNAGE**

The Smokers' Helpline logo was used on all materials that are produced and distributed. The beautiful permanent tobacco free signs with the Smokers' Helpline logo have been erected in communities across the island. In most cases eight foot posts and bolts were provided at no charge to communities and Recreation PEI staff often delivered and erected the signs to address the barrier of the demand on the smaller communities of installing the signs themselves. Window decals were produced and distributed to communities. The brochure was updated and made available to communities.

### **COMMUNITY MEETINGS**

Through our community development approach of working face to face with municipal councils, now 24 communities have

adopted a tobacco free policy. This year there has been concentrated effort to move policy to by-law. Frank Morison, with Gary MacDougall, representing Smoke Free PEI, have worked with municipalities, educational institutions, recreation facilities and organizations to establish Tobacco Free By-Laws at; University of Prince Edward Island, Town of Stratford, Town of Souris, Town of Montague, City of Charlottetown, Town of Cornwall, Bell Aliant Centre, City of Summerside, Golf PEI, Red Shores Racetrack and Casino, The Watershed Association of PEI.

Frank has also met with the Liberal, Conservative, Green and NDP Parties of PEI along with Members of Parliament Lawrence MacAulay, Sean Casey and Wayne Easter to inform them and request support for tobacco free spaces in our province. Frank participated in the Canadian Council for Tobacco Control national conference call, with special guest David Dunphy, Mayor of the Town of Stratford.

Numerous communications were made outside these meetings to sub-committees and individuals to inform and garner support for tobacco reduction and the harmful effects on citizens, families, society and the environment.

### For further information contact:

Beth Grant
Executive Director, Recreation PEI
www.recreationpei.ca







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The world is changing. Everywhere around us, we are becoming closer and more connected to the products that we use everyday. For ice rink refrigeration, the challenge in adapting to this new connected world is that the systems are made up of several different components from various manufacturers that communicate through their own methods.

Driven by a group of like-minded industry leaders who are challenging the norms, **Smart Rink Connect** integrates all the components of the refrigeration system into a single control center – and delivers it right to your smartphone in a simple, easy to use app.

This unprecedented level of access to the ice rink refrigeration system gives arena managers ultimate control to help them budget more accurately, lower operating costs, and meet environmental goals and safety standards.

Working together intelligently to make your system

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### Smart Hub

The Smart Hub provides higher level intelligence to a Smart Rink Connect system through an easy and intuitive user interface.

The self-learning central hub analyses operating data to optimize system efficiency, predict equipment maintenance, and improve refrigeration plant safety.

Like a great coach, it takes individual players and makes them a winning team.



### Mycom Smart M

The Mycom Smart M is the most efficient reciprocating compressor available.

No more guessing about how to maintain your compressor. It tells you when it's time for an oil change or overhaul and lets you know how efficiently you are operating.

The compressor is the heart of the system. It costs the most to operate. The onboard intelligence carefully monitors operating conditions, reports deviations from optimal operation, and advises on upcoming service requirements.



### Alfa Laval Smart Turn

The Alfa Laval Smart Turn enhances the safety of your facility by reducing the refrigerant charge. It's like having an engineer monitoring your engine room, letting you know when it is time to drain oil, reporting fluid levels, and monitoring efficiency.



### **Shaler Smart Additive**

The Shaler Smart Additive is like hiring an inside agent to put contaminants in check and stop leaks.

Over time, contaminants enter the system – reducing efficiency and increasing operating costs. The Shaler Smart Additive is the first product to remove this build up and keep your system running at peak performance.

Smart Additive also prevents leaks by assessing the insides of your pipes and filling in pits, pin holes, and inconsistent areas.











### Alfa Laval Smart Heat

The Alfa Laval Smart Heat is the first industrial desuperheater with a robust design built specifically for the demands of ice rinks.

The by-product of the refrigeration system is heat Instead of wasting the 'free' heat outside, why not use it where you need it?

The Alfa Laval Smart Heat will provide free heat for your showers, Zamboni water and other hot water needs at your facility.

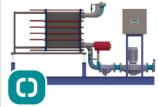


### Dry Solutions Smart Rink Dry

The Smart Rink Dry strikes the perfect humidity balance to maintain a quality playing surface.

Smart Rink Dry reduces the ambient load added to the refrigeration system by continually monitoring and maintaining the environment in the arena at optimal condition.

It also sends maintenance and operating data to staff so they can know what is going on without

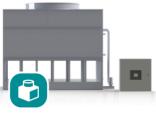


### Alfa Laval Smart Contain

The Alfa Laval Smart Contain is the single most effective component you can add to your system to reduce the refrigerant charge. With an Alfa Laval Smart Contain, all of the refrigerant will be within the refrigerant you

Systems with a Smart Contain can lower the overall charge by 70% - reducing risk, increasing safety and improving efficiency.

The onboard intelligence will continually monitor how efficiently the unit is operating and provide early warning of issues. In addition, the Smart Contain will set you up for future green opportunities.



### **Evapco Smart Condense**

The Evapco Smart Condense is the most environmentally responsible evaporative condenser available.

It monitors water consumption, provides feedback on overall condenser operation, and notifies the user about maintenance requirements.









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### PROJECTS REPORT - Jamie Gosbee & Vicki Tse

### go!PEI Initiative

This healthy living initiative managed by Recreation PEI, continues to encourage and connect Islanders of all ages to physical activity opportunities across PEI. Our seven community partners, the cities of Charlottetown and Summerside, the towns of Cornwall and Stratford, and the three sports and recreation councils have been offering an wide range of programs indoors and outdoors all year long. The ever popular learn to run, walking and hiking programs continue to be in high demand across the Island. The partners have also gone beyond these core programs to offer some different innovative activities to get more Islanders moving.



The West continues to showcase its multitude of indoor and outdoor infrastructure with activities like moonlight snowshoeing, archery and kayaking. The East has a growing following, and has come up with creative ways to get Islanders moving such as providing new parents with fitness programs that allow them to bring their small children with them. Central Region has their

formula locked in with solid older adult programs and yoga at the beach! Charlottetown is showing us that winter is a perfect time for yoga with their successful day of snoga at Rochford Square! Summerside is a one stop shop for all kinds of recreational fun at Credit Union Place. Stratford's gym is open to all and has some great programs for older adults from chair yoga, step and stability, and more! Cornwall has no shortage of options, whether you are young or young at heart – there is something for everyone. These programs are but some highlights of the extensive offerings each of our community partners have put together for Islanders. We are thrilled to be collaborating with this great group of program deliverers who continually develop their program offerings and get Islanders active!



### go!PEI - Seniors Programs

Along with some go!PEI core funding, we've been able to build on this past year's seniors programs through funding opportunities from the New Horizons for Seniors Grants, the PEI Seniors' Secretariat Community Grant, and the PEI Health and Wellness Grant.

Through the New Horizons for Seniors Grant for 2017-2018 we were able to offer seniors fitness training and purchase Nordic poles for our community partners. We have also been able to expand programming to Beach Grove Home, Geneva Villa, The Mount, Clinton View Lodge, South Shore Villa, Kensington Community Care, plus Andrew's of Charlottetown, Stratford,



Summerside and Parkhill locations. Each facility received training and fitness equipment to enrich the recreation opportunities for their residents, along with a set of activity cards that staff, residents and their friends and family can use to encourage active visits.

go!PEI continues to partner with community groups across the island to help promote and deliver programming. Through our partnerships we were able to promote our seniors programs at the PEI Gerontological Nursing Association's Tradeshow and develop a new partnership with the 4H - PEI Chapter. We also partnered with Sports Centre Physiotherapy to host a Falls Prevention Workshop this past February.

We have recently received funding for New Horizons for Seniors for 2018-2019 which will be allocated for seniors fitness workshops that are put on by Western University's Canadian Centre for Active Aging. The goal of this workshop is to certify facilitators in all three regions on PEI and expand our seniors fitness programming even further.

### go!PEI Provincial Challenges

This past year, there were two provincial challenges.

June is Parks & Recreation Month featured the promotion of our beautiful municipal, provincial and national parks and trails. Islanders were invited to explore PEI's many green spaces. Those who participated were eligible to win PEI National Park passes, Provincial Park camping passes, as well as other prizes.

We also challenged Islanders to participate in our Winter Active Challenge as a way to promote physical activity throughout the winter months. This initiative promoted various winter activities offered across the island, through our community partners. Snowshoeing would have been another big hit, but chances to get out and be active in the snow were far and few between this year. We attained some more snowshoes and distributed them to our program delivery partners - they'll have them for next winter. People who were able to participate on those scarce 'good snowshoeing snow' days were eligible to win prizes.



### go!PEI - Canadian Tire Jumpstart Charities Partnership

The I Love to Skate program in partnership with Canadian Tire Jumpstart Charities (CTJC) ran through all seven of our community partners across the island. This program had two components: one for all ages where all rinks in PEI held at least one free community skate between January and February and the other being a dedicated free children's initiation program to skating where professional instruction was provided. The two prong approach was to provide Islanders as many opportunities to get



physically active as possible during the winter months.

Over 185 children with various ability and backgrounds participated in the six week learn to skate programs. The programs happened in seven strategic locations across the island. This program focused on the fundamental mechanics of skating in a stress-free, fun and recreational environment. Through a mixture of structured drills, games and play, children who had never been exposed to winter were skating with strong fundamentals, and those with some experience gained more confidence on the ice after a few sessions.

This program has been very well received; the six weeks flew by and parents and children alike are hoping this will be offered again

next year. The CTJC funding was used in its entirety in securing ice times and instruction costs. Another application has been submitted to deliver a third year of *I Love to Skate* at a combination of the same and alternate arenas. Islanders have enjoyed and benefited from this provincial initiative and would certainly welcome more opportunities.

We also recently received a donation of ~100 pairs of youth skates to be distributed. There are now over 350 pairs of new skates (children to adult sizes) and 300 adjustable helmets available as free loaner equipment through our seven program delivery partners across PEI.



### The go!Cart Trailer

The go!Cart is a cargo trailer full of recreational physical activity equipment. This equipment encourages unstructured play where children use their imagination and creativity. During the summer months, it travelled to different communities and events across the Island. This past summer, Islanders could find the go!Cart at the Summerside Lobster Carnival and the Stratford, Cornwall and Montague Public Libraries, among other locations. During the school year, as part of the go!Play programs our community partners deliver in rural schools, the trailer rotates between schools as an additional resource to this great After School Program.



# GO! pei WALK-RUN-BIKE-HIKE PLAY-EAT HEALTHY

### go!Play After School Program

go!Play is an after school program, delivered at rural elementary schools all across PEI. It is designed to give children more opportunities to be physically active during the time slot directly after school and is completely free of charge. The program is delivered by the Western, Central, and Eastern Sport and Recreation Councils to almost every K-6 or K-8 school in those regions.

To date, during the 2017-18 school year, go!Play programs were delivered to over 850 children at 17 different schools. We expect over 1,000 students to take part in the program before the end of the school year. Right now we're scheduled to be in 19 schools with others waiting confirmation.

### **Active Safe Routes to School**

Recreation PEI has been approached by Heart & Stroke PEI to implement an Active Transportation initiative with two Charlottetown elementary schools. Sherwood and Prince Street have been selected and through the funding from RIOCAN, we will work with these schools, the City of Charlottetown, City Police to offer Bike Rodeos, Walk/Bike to School Days, Winter Walk Days, and conduct surveys outlining parent's concerns in letting their children use active transportation to/from school. Each school will work closely with a steering committee to improve their active transportation participation throughout the school year.



### **Playground Inspections**

Recreation PEI continues to offer comprehensive reports of community playgrounds free of charge to its affiliates and members. These inspections are performed by our Canadian Certified Playground Inspector, Jamie Gosbee, and follow CSA standards.

To schedule a playground inspection or to inquire about Recreation PEI membership, contact Beth Grant by phone: 902-892-6445 or by email: info@recreationpei.ca.



## **Training and Professional Development**

### **HIGH FIVE®**

The association is the provincial authorized provider for HIGH FIVE ®, offering courses on the Principals of Healthy Child Development, HIGH FIVE Sport and QUEST 2 supervisor training. HIGH FIVE Sport was offed as a triple raining with NCCP FMS and Physical Literacy training, in partnership with Sport PEI. UPEI Athletics and Recreation, Bell Aliant Centre, the Town of Cornwall and the Town of Stratford are HIGH FIVE ® Registered Organizations.

The next available HIGH FIVE® training opportunity will be on Tuesday, June 26 or Wednesday, June 27, 2018. The training will be held at The Royalty Centre (Room 125), 40 Enman Crescent, Charlottetown.

To register or for more information please contact Recreation PEI by phone: 902-892-6445 or email: info@recreationpei.ca.

### **Mid-Season Ice Maintenance Course**

Ammonia and Freon Safety Training was held in April at three locations across PEI. A total of 55 arena and curling rink operators, managers and staff attended the sessions. Training included "Basic Refrigeration Maintenance" with an emphasis on all points specifically pertaining to Ammonia and Freon Safety. Policy, procedures and safety practices were emphasized. A practical component was included for participants to go to the refrigeration room to see the various points presented during the classroom session in a real-life environment and ask any questions about safety equipment.

Recreation PEI supported Heart and Stroke to offer a Healthy Eating in Recreation Facilities Workshop in January 2108 at the CUP.

### **Maritime Arena Operations Institute (MAOI)**

The 2017 MAOI was held at the Bell Aliant Centre in Charlottetown. A total of 33 arena operators from New Brunswick, Nova Scotia and PEI attended the four day training course with 22 people attending the Level 1 training and 11 people attending Level 2. The curriculum covered both theory and practical components of refrigeration, ice making, painting, and ice re-surfacing. Doug Moore Scholarships were awarded to APM Centre and Gateway Arena. The 2018 MAOI will also be hosted at the Bell Aliant Centre.

### **Certified Pool Operators (CPO)**

TAIPEI offered and subsidized Certified Pool Operators (CPO) training.

### **Annual Spring Workshop and AGM**

An opportunity for recreation and facilities practitioners to come together to network, learn, exchange dialogue, and explore what can be done to advance the sector in Prince Edward Island. The CPRA Award of Merit was presented to the O'Leary Hockeyville Committee.

### **Atlantic Recreation & Facilities Conference and Trade Show**

The first Atlantic Conference in partnership with the five provincial recreation and facilities organizations, was hosted in Moncton, New Brunswick in 2014. The second was hosted in Truro, Nova Scotia in 2016. The 2018 ARFC will be held in Charlottetown, PEI at the Rodd Charlottetown with the Trade Show being held at the Confederation Centre of the Arts.

The 2018 local host committee chair is Dean Lund with committee members Frank Quinn, Nancy McMinn, Jacob Smith and Sean Murphy. Adam Ross was the program committee rep for Rec PEI. A Canadian Recreation Facilities Network Meeting will be hosted in conjunction with the ARFC in May.

SAVE THE DATE: The next ARFC will be held in St. John's, Newfoundland, May 27-29, 2020!







# **Recreation PEI Inc. Operating Budget 2018-2019**

Grant, Membership & Other Revenue		Project Revenue	
Prov. of PEI, Health & Wellness	50,000.00	go!PEI Initiative	100,000.00
Sport PEI In-kind	800.00	Public Health Agency of Canada	225,000.00
Interest	2,500.00	Jumpstart Program	40,000.00
Membership Fees	4,200.00	Workshops and Training	137,000.00
Total Grant, Membership & Other Revenue	57,500.00	Other Projects	25,600.00
		Total Project Revenue	527,600.00
General & Administrative Expenses		Project Expenses	
Wages and Subcontracts	54,800.00	go!PEI Initiative	100,000.00
Dues, Fees and Memberships	3,500.00	Public Health Agency of Canada	225,000.00
Insurance	600.00	Jumpstart Program	40,000.00
Meetings and Conferences	5,950.00	Workshops and Training	137,000.00
Office	1,200.00	Other Projects	10,400.00
Rent	1,300.00	Total Project Expenses	512,400.00
Telephone	1,800.00	_	
Other	3,250.00	Surplus from Projects	15,200.00
<b>Total Administrative Expenses</b>	72,400.00	-	
Deficit before Projects	(14,900.00)		
Surplus from Projects	15,200.00		
SURPLUS	300.00		





Honorary Life Members of Recreation PEI in appreciation of their contribution and commitment to the recreation and facility industry on Prince Edward Island.

2015 - Barb Mullaly 2015 - Neil Kinsmen 2015 - Mike Connolly 2016 - John Morrison 2017 - Frank Morrison 2018 - Joanne Weir 2018 - Beth Grant



### **Helping Islanders Get Active & Stay Healthy!**

www.recreationpei.ca

Recreation PEI Inc. is a not-for-profit volunteer driven organization. It primarily is a community/facility based membership of those who have an interest in delivering and promoting recreation and physical activity.

- Helping communities become healthier and more active
- Educating program leaders and facility directors
- Promoting risk management for programs and facilities

Community Recreation Programs should: promote participation and social interaction rather than excellence; provide social support (friendly, enjoyable, inclusive); use local facilities and promote local access; foster partnerships between local organisations to strengthen local networks and build capacity to manage projects or support skill acquisition.









# **Board of Directors and Staff (2017-2018)**

Director: Trent Williams President: Sean Murphy Vice-President: Dean Lund JM Beauchesne Director: Past-President: Andrew Avery Tobacco Free Program: Frank Morrison Projects Coordinator: Jamie Gosbee Treasurer: Kevin Crozier Secretary: Adam Ross go!PEI Coordinator: Vicki Tse Dale McIsaac **Executive Director:** Beth Grant Director: Director: Nancy McMinn Government Rep.: François Caron

Paula Sark Director:

### Members (2017-2018)

APM Centre - Cornwall AQUAM Aquatic Specialist Inc. Bedeque Area Recreation Centre **Belfast Recreation Centre** Bell Aliant Centre - CARI

**CARHA Hockey** 

Cavendish Farms Wellness Centre - Montague

Central Region Sport & Recreation Council

City of Charlottetown City of Summerside Communities in Bloom Community of Miltonvale Credit Union Arena - Tignish Eastern Kings Sportsplex

Eastern Region Sport & Recreation Council

Eastlink Centre - Charlottetown **Evangeline Recreation Commission** 

Holland College

Jacques Cartier Memorial Arena

Jet Ice Inc.

Kensington Area Recreation Centre

Mi'Kmag Confederacy

Morell Community Rink North Star Arena Northumberland Arena

Norton Diamond Soccer Complex

O'Leary Arena Pownal Arena

Silver Fox Curling and Yacht Club

Slemon Park Plex Inc.

Southshore Actiplex - Crapaud

St. Peter's Area Rink Three Rivers Sportsplex

Town of Alberton

Town of Borden-Carleton

Town of Cornwall Town of O'Leary Town of Stratford Town of Tignish

Tyne Valley Community Sports Centre University of Prince Edward Island

Village of Crapaud

Western Community Curling Club - Alberton Western Region Sport & Recreation Council







