

Inside this issue:

Tobacco-Free Facilities	1
More Island Rinks Adopt Helmet Policy	2
Defibrillator Saves Life at Simmons Sports Centre	
Doug Moore Scholarship MAOI HIGH FIVE® as a Risk Management Tool	3
Pool Admission Policies UPEI Facility is Gorgeous	4



Honourable Doug W. Currie
Minister of Health and Wellness

Island communities, with the help of Recreation PEI, are working hard to ensure our recreation properties are and remain tobacco-free, says Minister of Health and Wellness Doug Currie. "Arenas and recreation facilities are the backbone of many communities and the focal point for many community events," said Minister Currie. "By making them tobacco-free we are providing members of the community the opportunity to enjoy a healthy family and community-friendly environment."

Thus far, 18 Island communities have adopted tobacco-free recreation policies and Recreation PEI is currently working with ten more communities. Frank Morris-

Islanders Working Together to Create Tobacco-Free Facilities

son Project coordinator, says "The goal of tobacco-free policies is to protect individuals from the impact of second hand smoke, encourage adults to be positive role models, provide support to individuals quitting smoking, and reduce toxic cigarette butt litter." The tobacco-free policy bans the use of all tobacco products on municipal and recreation properties. This includes the perimeter of the property including parking lots. It also applies to events such as parades and concerts and all municipal sponsored activities. Recreation PEI also hosts free Tobacco-Free Recreation Facilities Training Sessions for frontline recreation facility workers including coaches, staff and volunteers across

Prince Edward Island. These sessions highlight methods for ensuring recreation facilities are tobacco-free and covers such topics as: community assessment, tobacco reduction strategy, community feedback, signage, enforcement, and annual evaluation.

"Our government is steadfast in our commitment to curb tobacco use and protect people from the effects of second-hand smoke," said Minister Currie. "By working together, we can effectively address the health consequences of tobacco use on Prince Edward Island."

Call Frank Morrison for a Tobacco-Free presentation in your community 902.672.2567



Health and Wellness

BOARD OF MANAGEMENT

Executive

President	Kim Meunier
Past President	Barb Mullaly
Vice President	Andrew Avery
Treasurer	Kevin Crozier
Secretary	Janice Robertson

Directors

Adam Ross
Dale McIsaac
Nancy McMinn
Paula Sark
Andy Worth

Government Rep Francois Caron

Staff

Executive Director	Beth Grant
go!PEI Coordinator	Shani Gillespie
Active and Safe	Jamie Gosbee
Tobacco Program	Frank Morrison
Office Admin	Neal McCarney



ICE PAINT
White / Colours

EQUIPMENT
Spray / Paint Stick

WATER TREATMENT
Hockey / Curling

IN-ICE LOGOS
Digital / Stencil

OFFICIAL SUPPLIER CANADA

www.jetice.com

905.853.4204 | 1.800.585.1079 | info@jetice.com



ECO CHILL®... ENERGY EFFICIENT ICE RINKS

With over 4,500 ice surfaces installed around the world, CIMCO can provide a range of expertise unmatched by any other company.



Call us today to learn how ECO CHILL® can provide the most energy efficient cooling and heating for your facility.

Darmouth—902-469-6642
Moncton—506-854-7787



More Island Rinks Adopt Helmet Wearing Policy



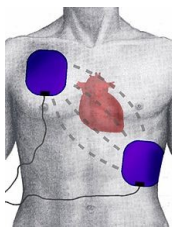
Jamie Gosbee (left) presents Helmet Policy Sign to Andrew MacAdam, Morell Rink Board Member.

As of January 31, 2013, all public skaters aged 12 and under using the Morell Community Rink are required to wear a helmet before being allowed on the ice. Although it is mandatory for cyclists, skateboarders and in-line skaters to wear a helmet under the Motor Vehicle Act, it is not mandatory for ice-skating. Research done by

American pediatricians shows however, that ice-skating is found to produce three times as many head injuries than any of these road-related activities. This is because ice is a slippery surface and does not provide the same stability as pavement does. Louise Clarke, the Morell Community Rink Manager, believes that having a policy for mandatory helmet wearing is the right thing to do. "We believe that this is the smartest and safest decision and a lot of people are already on board." This policy is for children twelve and under but that certainly doesn't mean that teenagers and adults are safe without a helmet on. The rink has received a donation of helmets to allow users who don't have one the option of borrowing one from the rink.

Active & Safe PEI, a Recreation PEI program, who helped the facility to develop the policy, has made the helmets available via the Canadian Tire Jumpstart program in the hopes that more school skates can happen. Jamie Gosbee, Coordinator of Active & Safe PEI, says "many schools across the Island have had to reduce the frequency of or even cancel their skates due to a lack of helmets". He also helped with the same policy at the Credit Union Arena in Tignish and the North Star Arena in North Rustico. "Our goal is to get every rink across PEI thinking about adopting this policy", says Gosbee.

Active & Safe PEI is a Rec PEI program, funded in part by the Public Health Agency of Canada.



AED Saves Life at Simmons Sports Arena in Charlottetown

Thirty (30) recreational facilities across PEI have acted pro-actively for the safety of their users and spectators. They all have equipped their facilities with defibrillators. The machines, commonly referred to as AED's, are designed to be used as a first response in heart emergencies. Because of their step by step cues capacity, staff in facilities can be trained to use the machines in heart emergencies. Acquiring a defibrillator(s) has made recreation facilities safer places to be for both participants and spectators. Over the last couple of years, the AED has been used on a number of people in the interim before EMS arrived. The most recent case involved hockey

player Ev White. Ev collapsed while playing old timers hockey at Simmons arena. Fortunately for Ev, Simmons was equipped with an AED purchased through a partnership grant program of the Department of Health and Wellness and Recreation PEI. Ev states "I am thankful to a lot of people for their support and kindness following my Cardiac Arrest Nov. 29th; I'd also like to thank Recreation PEI for having the foresight to put AED'S in rinks across the province. I am living proof their efforts were worthwhile, and willing to help promote this effort in any way I can". Recreation PEI identified the need for this risk management action in facilities and approached the department about being a partner in AED promotion in all public recreational

facilities. The Department of Health and Wellness saw the value and provided \$1000 grants to facilities who purchase the devices. Recreation PEI developed a grant application process for the devices that each cost about \$2000. Thirty facilities across the province purchased the devices and applied and were given the \$1000 grant. A number of other facilities added AED's on their own. "The response to this initiative was overwhelming" said Beth Grant, Rec PEI Executive Director. "Facilities and their funders or boards immediately saw the need and potential impact these devices. As a result they acted and a number of lives have been saved because this piece of safety equipment was available".

Contact one of our Sport Contracting Specialists to learn about:

CENTAUR'S SPORT CONTRACTING SOLUTIONS

CENTAUR PRODUCTS INC. | **SPORT CONTRACTING**

ARTIFICIAL TURF • HARDWOOD GYMNASIUM FLOORING • SYNTHETIC SPORTS FLOORING • ATHLETIC TRACKS • SPECTATOR SEATING • SCOREBOARD AND VIDEO DISPLAYS • MESSAGE DISPLAYS • GYMNASIUM EQUIPMENT • RUBBER FITNESS ROOM FLOORING

WWW.CENTAURPRODUCTS.COM
1 888 430 3300

AGENCE FRANCYNE CARON
FOR THE PLEASURE OF THE SPORT AND TO BE WELL OF ITS TIME

- Display and Scoring Solutions for City-Ice Rink-Gymnasium
- Electronic scoreboard
- Message centre
- Video Screen
- Sound system for all events and facilities
- Lightning
- Multimedia

NEVCO
Solotech

Québec & Maritimes
20, Terrasse Hertel
Chambly (Québec)
J3L 5P2
Phone: 450.447.3698
Mobile: 514.247.0887
Fax: 450.447.1850
francyne@agencecaron.com
www.agencecaron.com

Images showing various sports equipment and facilities.



Doug Moore Scholarship Fund Supports Arena Training

Jet Ice Limited, annually invites applicants for the Doug Moore Scholarship Fund, dedicated to the memory of Mr. Doug Moore. Doug, the founder of Jet Ice Limited, was the Chief Engineer at Maple Leaf Gardens in Toronto for 30 years. During his 40 years of service in our industry, Doug developed ice making concepts and theories that are recognized and accepted as standard in our facilities today. This Fund is based on his belief that any individual can achieve their goals with a little nudge of confidence and encouragement along the way. This Scholarship is dedicated to providing opportunities within the ice making forum for those candidates who are in true need and may not otherwise be able to afford the associated academic costs.

The only criteria to apply for funding will be that the recipient work full time in the field of Recreation or be attending a post secondary institution in a related discipline. They must demonstrate commitment and desire to learn and to actively participate in their ongoing professional development within the ice making community. The courses should represent leading edge, industry-related learning opportunities that prepare practitioners for the ever changing world of professional ice making.

Recreation PEI will allocate \$1000 for the Doug Moore Scholarship for 2013. Deadline for applications is March 1, 2013.

"The International Icemakers Society supports professional development within the ice making community and would like to assist candidates in achieving their personal and professional goals" says Deborah Wilcock, Jet Ice G.M.

21st Annual Maritime Arena Operations Institute (MAOI)

June 17—20, 2013

CARI Centre

Charlottetown, PEI

Specifically designed to provide you with practical tips, techniques an Knowledge that you need for success, this comprehensive and intensive 4-day training focuses on the unique challenges facing arena operators and offers solutions to help you fully achieve your potential.

Two levels of training offered.

Brought to you in partnership with RNB, RFANS and RPEI.

HIGH FIVE ® as a Risk Management Tool



Risk Management Awareness within Your Programs & Facilities

It is a well-known fact that commitment to risk management greatly reduces an organization's exposure to potentially harmful or dangerous situations. How an organization manages and handles situations of risk can have far reaching impacts for years. An organization can protect themselves and their participants from potentially dangerous situations by considering the following: Policies & Procedures; Staff Training ; Communication; Recruit-

ment Plans; Management Practices; Evaluation of Programs; Adherence to Policies & Procedures; Ensuring that all staff and volunteers are aware of the policies and procedures around risk management is crucial.

Some techniques to ensuring effective risk management awareness are:

- Use staff meetings, staff training, website announcements, and emails to provide updates to programs, operations, personnel, etc.
- Implementing program evaluations, staff evaluations, and customer surveys
- Observing programs, staff, and

participants in action

- Site visitations throughout the organizations facilities

When risk management policies and procedures are communicated and implemented as intended, organizations generally receive fewer customer complaints, reduce of incidents of injury, increase returning staff and participants, receive positive feedback on surveys and are likely to be the 'program of choice' by parents looking for quality recreational programming form children.

For more information on this important topic you are invited to attend a HIGH FIVE ® Training program.




Gemini
SCREEN PRINT & EMBROIDERY
your promotional solution company

20 Grant Street, Charlottetown, PE, C1A 7J7
Ph: 902-566-5644
Toll Free: 800-525-5557
Fax: 902-566-9824
email: geminipei@geminipei.com
www.geminipei.com


Business Gifts

Make them part of your marketing mix.



SAUNDERS
EQUIPMENT LTD.

57 Pepin Road
Fredericton, NB E3B 8J9
Phone (506) 458-9460
Fax (506) 458-0186
Website: www.saunders.nb.ca



ZAMBONI
AUTHORIZED DEALER
ATLANTIC CANADA



www.recreationpei.ca

40 Enman Crescent
Charlottetown, PE
C1E 1E6

Phone: 902-892-6445

Fax: 902-368-4548

E-mail: info@recreationpei.ca

**Helping Islanders Get
Active and Stay Healthy**

Recreation PEI, Inc is a not-for-profit volunteer driven organization. It primarily is a community/facility based membership of those who have an interest in delivering and promoting recreation and physical activity.

** Helping communities be healthier and active*

** Educating program and facility leaders*

** Promoting risk management for programs and facilities*

ARENAS: Carbon Monoxide Monitors should be calibrated at the beginning of and the middle of your ice season, with a log kept of the dates of calibration. Handle the unit carefully and store it in a clean environment; if the unit falls or gets bumped, it should be calibrated immediately.



Jumpstart.
Giving kids a sporting chance



The best way to play™

Pools– Admission Policies that Work to Reduce Preventable Deaths

Drowning continues to be the second leading cause of preventable death in children under the age of 10 in Canada. With peak season for both indoor and seasonal pools around the corner, what can facility managers do to limit the risk of this at risk population? One of the most instrumental policies to have in place & enforce for pools and aquatics facilities is an admission policy which requires direct supervision by a parent or legal guardian.

Children under 7 years of age are the most at risk. The Lifesaving Society of Canada encourages facilities to adopt their “Within Arms Reach” policy which requires an adult to be within arm’s reach of a child (under 7) at all times. But what about children ages 7 & up? Parental supervision is still important, but may not be required in the water. A policy to establish what ages require an adult to stay within the facility (either on the deck or close by) should be established and clearly communicated to patrons.

Here are some strategies for assisting enforcing an admission policy to your pool:

1. Educate the public before they show up at the facility by communicating the admission policy in the community newsletter, program guide or website.
2. Train the cashier or front-desk personnel to enforce the admission policy. A prearranged script of questions and actions should be provided to these staff.
3. Use an identification system. Lifeguards should know who requires direct supervision or swim testing. Color coded bracelets or different admission stamps can assist lifeguards in enforcing the admission policies in the pools and on the deck.



UPEI Track and Field Facility Recognized as One of Canada’s Most Beautiful Athletic Facilities

MacLean’s Magazine has listed UPEI in the top three of Gorgeous Track and Fields! The UPEI Alumni Canada Games Place is 6.8 million dollar project. It has: 1,335 spectator seats and 100 VIP seats; a 400 meter 8 lane track. It has facilities for steeple chase; long jump and triple jump; pole vault; discus and hammer throw; javelin and shot put. Congratulations!



Protecting Playground Fun

We'll protect your next playground project from boredom



Call Joe Nicholson 1-800-265-5462 x305 hendersonplay.ca

Henderson
recreation equipment limited

Henderson has been bringing the fun to playgrounds across Canada since 1971. As the nation's leading playground maker, we offer a full range of products to satisfy every child. From our flagship PlaySteel line to our new and exciting climbing rocks, play sculptures and rope play products, we have what it takes to make your project a success. Visit our new and improved website for everything you need, including 2D top views, free to download.

