

New
Recreation
PEI Logo
Launched!

RECREATION PEI

NEWSLETTER • SUMMER 2007
ISSUE NO. 23

Boundless® Playground Opens on PEI!

See Story on Page 4



www.peirfa.ca

40 ENMAN CRESCENT CHARLOTTETOWN, PE C1E 1E6 TEL: 902-892-6445 FAX: 902-368-4548

PEI Recreation and Facilities Association Board

President

Mike Connolly
P.O. Box 302 368-4985 ph
Charlottetown, PE, C1A 7K2 368-4548 fax
mconnolly@sportpei.pe.ca

Past President

Frank Quinn
P.O. Box 98 629-4028 ph
Charlottetown C1A 7K2 629-6919 fax
fquinn@city.charlottetown.pe.ca

Vice-President

Rachel Arsenaault
234 Shakespeare Dr. 569-6924 ph
Stratford C1B 2V8 569-1845 fax
rarsenaault@town.stratford.pe.ca

Secretary/ Treasurer

Nancy McMinn
P.O. Box 98 629-4026 ph
Charlottetown C0B 1M0 629-6919 fax
nmcminn@city.charlottetown.pe.ca

Directors at Large

Paul Gallant
P.O. Box 1510 432-1294 ph
Summerside C1N 4K4 436-4596 fax
pgallant@city.summerside.pe.ca

Donna Butler
P.O. Box 178 628-8513 Ext 221 ph
Cornwall, PEI 628-8511 fax
Communities13inc@pei.aibn.com

Rita Sark
P.O. Box 178 675-2219 ph
Cornwall, PEI ritagirl1@hotmail.com

Amy Duncan
P.O. Box 57 882-2476 ph
Tignish C0B 2B0 882-2414 fax
recreation@village.tignish.pe.ca

Cory Thomas
140 Weymouth St. 566-9693 ph
Charlottetown C1A 4Z1 566-9520 fax
cthomas@ccgw.cc.holland.pe.ca

Frank Morrison
frankmorrison@hotmail.com
672-2567 ph

Executive Director

Beth Grant
40 Enman Crescent 892-6445 ph
Charlottetown C1E 1E6 368-4548 fax
peirfa@pei.aibn.com

Gov't Liason-

Francois Caron
P.O. Box 2063 432-2706 ph
Summerside C1N 5L2 888-8023 fax
frcaron@gov.pe.ca



Contents

- 2] President's Report
- 3] Defibrillator (AED) Grant Program
- 4] Boundless® Playground opens on P.E.I.
- 5] Playground Safety Program
- 6] Meet the new Minister
JumpStart
- 7] Sport and Leisure Management at Holland College
- 8] Summerside Wellness Centre
- 9] CPRA Conference and Trade Show
- 10] CPRA Membership
- 11] Parents Steal active time during kids Hockey Practise
- 12] CRFC Update
Confederation Trail 2007
- 13] Maritime Recreation Facility Conference and Trade Show
- 15] CRFC National Arena Symposium
- 16] True Sport
- 17] PEI Tobacco Free Sport, Phase 2
- 20] Recreation Facility LOG BOOKS available at PEIRFA

Thank you to the advertisers in this Issue:

Athletica

Center Ice

Centaur Products Atlantic Inc.

CIMCO

DMA Planning and Management Services

Eastern Fence Products

Jet Ice Ltd.

Kan-Go-Roo Playground

Kwik Kopy Printing

Murphy's Pharmacies

Saunders Equipment Ltd.



PEI Recreation and Facilities Association PRESIDENT'S REPORT

Summer 2007

President's Report

The resolution was passed at the 2007 AGM to change our name to Recreation PEI, to meet the changes within the industry and to make the name more user friendly and recognizable.

We have developed a new logo to correspond with the new name. Interpretation of new logo is as follows: the green and blue stripes represent outdoor facilities, the arch over top represents indoor facilities, and the moving figure represents the benefits of recreation. This new logo encompasses the mandate of Recreation PEI by representing the facilities side both indoor and out, and also the recreation aspect. Recreation PEI is very pleased with our new logo and excited to be releasing it to the public.

At this time we have a new government in place. I would like to take this opportunity to publically thank former Minister of Community and Cultural Affairs Elmer MacFadyen for his tireless work and championing the cause of sport and recreation on PEI. Much was accomplished during his tenure and many new worthwhile initiatives were brought forth. Thank you to the Department of Community and Cultural Affairs and to Elmer MacFadyen.

I would also like to congratulate the new minister of Community and Cultural Affairs Carolyn Bertram on her posting to cabinet. I look forward to working with Minister Bertram and continuing the great relationship between Recreation PEI and the Department of Community and Cultural Affairs.

Recreation PEI recently held our AGM and saw a few changes to our board. Dale Bradley has left the field and has returned to architectural school, and Della Sweet has joined the RCMP. I would like to thank both board members for their service and wish them all the best in their new careers. Replacing them on the board are Donna Butler Manager of the APM Center and Frank Morrison former instructor at Holland College. AGM Keynote speaker Roy Main gave an entertaining and informative address on municipal recreation. Ward MacDonald did a presentation on Tobacco Free Sport and John Morrison spoke on behalf of Community and Cultural Affairs. Thank you to all speakers and to Ward MacDonald who has finished his term as tobacco free sport coordinator with Recreation PEI.

Earlier this month the 1st Annual Maritime Recreation and Facilities Conference and Trade Show was held in Moncton, NB. This was a huge endeavor taken on by the three Maritime associations. The conference was a success and is now being evaluated to see it will continue in the future and to what scale. Thank you to our counterparts in NB & NS for all the hard work in putting this together, and to the PEI Executive Director Beth Grant who was the PEI Rep on the organizing committee.

Just recently questions have come up regarding fitness instructor certification and the call to establish a standardized certification program. Board member Rita Sark, fitness instructor, will be looking into this and we will keep facilities updated.

Yours in recreation,

Mike Connolly
President - PEIRFA

PEIFRA

Membership Dues

Please note that membership dues for 2007-08 are due immediately. Communities and facilities applying for provincial funding under the Community Recreation Support Program must be members in good standing with PEI Recreation and Facilities Association.

2007 Doug Moore Scholarship Award Recipients

The Recreation P.E.I. Board has awarded a \$400 Doug Moore Scholarship to each of the following arenas: Evangeline Recreation Centre, Borden-Carlton Recreation Department and CARI to attend the MAOI in June, for Level 1 certification.

Recreation PEI Automatic External Defibrillator (AED) Grant Program

**financial assistance provided by
Government of PEI Department of Community
and Cultural Affairs**

***Background:** Recreation PEI (RPEI), in partnership with the Department of Community and Cultural Affairs Recreation and Sport Division, launched the Healthy Rink Initiative in September 2005. The three pronged approach is to promote offering healthy food choices in the canteens, a healthy social environment and a healthy physical environment in arenas. In regards to the latter the RPEI was very pleased to see the success of the Arena Safety Netting Subsidy Program in 2005, and the Carbon Monoxide Monitors Program in 2006, both funded by The Department of Community and Cultural Affairs.*

Now Recreation PEI has launched a similar program to address the need for **Automatic External Defibrillation units (AED's) in recreation facilities in 2007**. Trained people using AED's in conjunction with CPR save lives. Since many of these incidents occur in recreation facilities, it makes sense that having a unit on hand may save a life. The units are very easy to use and are foolproof. AED's are quickly becoming standard equipment in organizations throughout North America. Considering the aging population demographics on P.E.I., our association believes that having these units available in recreation facilities across P.E.I. provides the power to save lives.

The Dept. Of Community and Cultural Affairs is offering a 50% subsidy (up to \$1000 per unit), to assist in buying AED units for major sport and recreation facilities on P.E.I. (excluding privately owned facilities). Recreation PEI is administering this program. AED use training, is now a part of CPR training courses. RPEI will set up CPR/AED training courses across P.E.I. in September, to update the skills of facility staff.

Recreation PEI would like to thank The Dept. Of Community and Cultural Affairs for addressing this public safety issue, and implementing a cost subsidy to encourage recreation facilities on P.E.I. to be equipped with AED units. This program is a very proactive step, and make the P.E.I. Government in partnership with Recreation PEI, a leader on action to address this critical issue.

Guidelines for AED Grant Application

- **Eligible AED models** for a grant must be sanctioned by the Heart and Stroke Foundation of Canada - see website www.heartandstroke.ca or contact RPEI for a list of suppliers and contact information. Accessories such as extra pads, batteries, prep kit, storage bag and wall case are eligible for the grant.

- Applicants must be traditional members of Recreation PEI, and in good standing with the association.
- Successful applicants for the program, must submit their AED sales receipt and training plan to receive the grant. Successful applicants must be prepared to provide staff with immediate AED training, (now included in standard CPR courses), and maintain annual training when an AED is located on the premises.

For more information on please contact
Recreation PEI

Automatic External Defibrillators – To Better Health & Longer Lives

Crissy Riley, LPN - Staff Certified CPR/AED and First Aid Instructor

Sudden Cardiac Arrest can strike anyone, anywhere, at any time, and in most cases, without warning. Because cardiac arrest rarely displays any warning signs, and affects all ages, no one is truly 100% safe from this incredible danger.

Without treatment, victims have only minutes to live. With quick response, this condition is readily treatable with survival rates well over 50%. Unfortunately, most of the time, the necessary life-saving equipment does not arrive in time. As a result, typical survival rates are only 2%-5%.

Sudden Cardiac Arrest is caused by chaotic electrical activity in the heart and can only be treated with an electric shock called defibrillation. Recent advances in modern technology have made a solution available to the public. Automated External Defibrillators (AEDs) are this life-saving solution.

An AED is a computerized medical device which can check a person's heart rhythm. It can recognize a rhythm that requires a shock and it can advise the rescuer when a shock is needed. The AED uses voice prompts, lights and text messages to explain to the rescuer the necessary steps to take during emergency.

AEDs are very accurate and easy to use. With a few hours of training, anyone can learn to operate an AED safely. An AED operator must know how to recognize the signs of a sudden cardiac arrest and how to do CPR. AED programs allow individuals to be better prepared to save the life of a co-worker, friend, family member or stranger. AEDs have helped save many lives, and with a good implementation plan and proper training, you can help save more lives.

For further information or to have a demonstration of an AED, please call Murphy's Health Education Centre at 892-1210 and set up an appointment. It may be one of the most important pieces of equipment in your facility.

Boundless®

Playground opens on P.E.I.

The new Eagle's Nest Playground, at Glen Stewart School in Stratford, is a certified Boundless® Playground, totally accessible to children with disabilities.

The playground is colorful and fully wheelchair accessible through the use of ramps. What isn't so obvious are the many other details that are incorporated into the playground to make it a truly inclusive play space. These include:

- careful choice of color to increase visibility*
- changes in color and deck markers to signal a change in level*
- ramps are wide enough to allow two way traffic*
- deck areas are big enough to allow a full turning radius for a standard wheelchair*
- ground level equipment is placed to allow free movement of wheelchairs*
- the deck of the pirate ship is high enough from the ground to allow wheelchair access to the play panels placed there*
- inclusion of a metal slide to allow full access to children with older cochlear implants (used in the treatment of some hearing deficits)*
- many of the play panels have an extra little balcony allowing full wheelchair access*

-the design of the playground maximizes clear sight lines so supervision of all children is easier

-the design also incorporates several semi enclosed areas allowing for more quiet play if a child so chooses

-there are play activities at every level of the playground

This playground is only the second Boundless® certified playground in Canada. Going through the Boundless® certification process ensured that the playground is as accessible and inclusive as possible. The additions necessary to provide full accessibility made this project much more expensive than the standard playground, but it was all worth it.

The playground cost approximately \$200,000 and of this amount \$70,000 is for the rubberized fall zone surfacing. The parent group, The Greater Grounds Committee, for Glen Stewart school raised sufficient funds to pay for the playground.

This playground is designed to meet the needs of all children and allow them to play together. It is unique in eastern Canada and will serve all Island children but will especially meet the needs of Island families touched by disability. The playground will be open to the general public on weekends and after 3 pm on weekdays during the school year, and open to the public all day during school breaks. It is physically situated in the capital region in the fastest growing municipality in P.E.I. and at one of the largest elementary schools in the Maritimes and within easy driving distance of many Islanders. Of special interest to your group is the close proximity to Camp Gencheff, making a quick trip to this very special place a possibility.



Playground Safety Program



Background:

Playground facilities are the most common and widely used recreation facilities that exist in our Island communities. They provide countless hours of enjoyment for our children. As owners and operators of these facilities you have a responsibility to ensure that we are providing the safest possible play environment for our children. The purpose of the playground safety program is to reduce the number of playground injuries by providing education and information to owners and operators of playgrounds in Prince Edward Island.

About the Program:

The Playground Safety Program involves a site visit by a trained consultant certified through the National Playground Safety Institute. The consultant will guide the owner / operator through an inspection process to identify any potential risks to it's users. Following the inspection, the owner/operator will receive a report detailing any recommended changes or maintenance practices that should be followed. Recommendations will be based on national playspace and equipment guidelines as outlined by the Canadian Standards Association [CSA].

Please note that this program is designed to assist and support operators to improve the level of safety in their playgrounds. While recommendations will be provided, owners/operators will continue to determine what changes shall be made to their facilities. Future upgrades shall be the responsibility of the owner/operator and not the Playground Safety Program.

This program is being offered at no charge to communities, day care operators, and other publicly operated facilities.

Sponsoring Organizations:

The Playground Safety Program is being administered through the Prince Edward Island Recreation and Facilities Association. The PEIRFA is a provincial non-profit

organization that is committed to the provision of quality recreation programs and facilities across the province. The program is sponsored/supported by the Sport and Recreation Division of the Dept. of Community and Cultural Affairs and the Healthy Child Development Strategy.

Workshop Sessions:

The PEIRFA is available to conduct presentations/ workshops to interested community groups and organizations on the issue of playground safety. Please contact our office.

How To Apply:

Please note that this program is being administered on a first come first serve basis. Our ability to complete consultations will be based on demand. It may be a period of weeks before your consultation can be completed

Contact Information:

For more information on the Playground Safety Program or to request a consultation please contact us at:

Ph [902] 892-6445

Fax[902] 368-4548

Email:peirfa@pei.aibn.com

TERRAINS DE JEUX
KAN-GO-ROO
PLAYGROUNDS

Maritime Manufacturer

Quality Commercial
Playground Equipment
Shake Ramps and Accessories
Park Amenities

Competitive Prices - Reduced Shipping Rates - Amazing Quality

www.kangoroo.com

Toll Free: 1 (888) 212-1411



JumpStart

Canadian Tire JumpStart is a charitable program created by the Canadian Tire Foundation for Families (registered charity number 13792 9451 RR0002) to help kids in financial need participate in organized sports and recreation. National in scope but local in its focus, Canadian Tire JumpStart helps kids in need get active by providing funds to help offset the cost of registration fees, equipment and transportation.

The P.E.I. Local Chapter is made up of community leaders from KidSport™ P.E.I., Recreation PEI and Canadian Tire Associate Dealers. These organizations help to deliver the program effectively and identify kids who would benefit from the program.

Guidelines for funding:

- ages 5 to 18
- up to \$200 per child.
- it is meant to fund a physical activity that is held over a season (6 months)
- available to members of the same family in the same season.
- funding will be used for registration fees and equipment.

Eligibility for Funding: Based on financial need.

TO APPLY FOR THIS PROGRAM CONTACT THE APPROPRIATE ORGANIZATION:

For Organized Sports: KidSport™ P.E.I.

PO Box 302, Charlottetown, PE, C1A 7K7

tel: (902) 368-4110

(Soccer, Baseball, Basketball, Competitive Swimming, Swimming Lessons, Racquet Sports, etc.)

For Recreational Activities:

PEI Recreation and Facilities Association,

40 Enman Crescent,

Charlottetown, PE, C1E1E6

tel: (902) 892-6445

(Community Recreation Department Programs, Dance, Some Gym or Walking Track Memberships, a Package of Passes to Go Swimming, Yoga, Pilates, Aquafitness, Aerobics, Bowling, Activities for those that are Physically and Intellectually Ilneged, Golf, Cycling Clubs, X-country Skiing, etc.)

"Meet the New Minister Responsible for Recreation"

Carolyn Bertram was appointed by Premier Robert Ghiz as Minister of Communities, Cultural Affairs and Labour on June 12, 2007. Before her appointment to Cabinet, Ms. Bertram was a dedicated school teacher at Central Queens Elementary School in Hunter River, and community-minded Member of the Legislative Assembly, representing the people of Crapaud-Hazel Grove.

First elected as a representative of District 17, Crapaud-Hazel Grove on September 29, 2003, she has served as Opposition Critic for Education, Tourism, the Status of Women and Community and Cultural Affairs. She also has served on a number of Legislative Committees, including the Standing Committees on Social Development, Privileges, Rules and Private Bills, the Constitution of Canada and Community Affairs and Economic Development.

Ms. Bertram was re-elected in the Provincial General Election on May 28, 2007 as a candidate for the Liberal Party of Prince Edward Island in the new district of Rustico - Emerald.

Ms. Bertram is fluently bilingual and also carries the portfolio of Minister Responsible for Acadian and Francophone Affairs. She holds a Bachelor of Arts Degree from the University of Prince Edward Island, and a Bachelor of Education Degree from Mount St. Vincent University.

Ms. Bertram has always been actively involved in her community. She serves as the organist and choir director at the Hunter River Presbyterian Church. She is the education secretary for the Atlantic mission society and is the past Atlantic Canadian representative on the national committee of Presbyterian World Service and Development.

Ms. Bertram resides with her husband, Vladimir, in Hazel Grove.



Design & Print Centre

OFFSET PRINTING <small>one color to four color process</small>	BINDERY SERVICES <small>booklets, folders etc...</small>
DIGITAL SERVICES <small>color and black and white copies</small>	MAILING SERVICES <small>direct mail, inserting, postal pre-sorting, address verification</small>

91 Euston Street
(corner of Euston & Queen)

Tel: (902) 892-0156

Fax: (902) 368-1513

Toll Free: 1-866 KWIKOPY (594-5679)

e-mail: info@kwikkopy-pe.com

Sport and Leisure Management at Holland College

The Sport and Leisure Management program is built on addressing the sport, recreation, and leisure needs of a changing society. Phenomenal growth has occurred and is predicted to continue well into the future for the career opportunities targeted by this program. These diverse and expanding sectors are bolstered by the globalization of the tourism industry.

The program is designed for individuals who are interested in a career in the following sectors: outdoor leadership, community recreation, sport administration, health promotion, fitness consulting, tourism and leisure entrepreneurship and spa management.

There are three areas of concentration in the Sport and Leisure Management program:

1. Recreation and Sport Administration
2. Fitness and Health Promotions
3. Outdoor Leadership

A number of recognized certification programs are completed within the two year time frame in canoeing, kayaking, fitness training, coaching, wilderness ethics and wilderness first aid. Students are able to focus on their particular area of interest through various specialization options. Management skills and knowledge are an important part of a successful leisure operation, therefore, training in this area includes various business competencies such as strategic planning, human resources, accounting, partnering and communications.

The structure of the training includes developing theoretical knowledge in the three areas of concentration and in the various management competencies. Students will also benefit from the practical experiences needed to develop confidence in the delivery of various leisure services.

Students have full access to the facility's fitness training center, and Student Union fees currently provide access to two local fitness centers. The Sport and Leisure Management program also has a growing inventory of kayaks, canoes, and related outdoor adventure equipment.

Areas of Competency

Adventure Tourism

Community Development

Ecotourism

Facility Management

Fitness Programming

Industry Certifications

Marketing

Nutrition

Recreation Leadership

Recreation Programming

Sport Administration

Special Event Management

Personal and Community Wellness

Guest Speakers at Sport and Leisure Management- 2006-2007 Academic Year

Brian McFeely- CEO- PEI 2009 Canada Games- major event hosting

Tracey Guimond- Paralympics PEI – working in the not for profit sector and working with people with disabilities (Tracey also a sessional instructor for Sport and Leisure Management)

Charity Sheean- Special Olympics- role her organization has in delivery of sport

Glen Flood- Sport PEI- ED of Sport – working with volunteers

Jim MacAuley- Working with rural communities

Cheryl Crozier- Sport PEI- Working in Sport Administration

Joanne Weir- Town of Stratford- role of recreation department

Steve Mallet- Personal trainer- operating your own personal training business

Roxanne Carter Thompson- Adventure recreation (Roxanne is also a sessional instructor in the Sport and Leisure Management Program)

Frank Quinn and Christopher Drummond- City of Charlottetown Parks and Recreation Department- municipal recreation and the role they play in the community.

Terry Stevenson- Confederation Center of the Arts- role arts and cultural tourism has in a community.

For more information on the Holland College Sport and Leisure Management Program, contact Wyatt Inman 566-9676 or Cory Thomas 566-9693



Summerside Wellness Centre Phase 2 Opens Doors!



The Summerside Wellness Centre has certainly become a hub of activity and focal point of the community. Phase 1, consisting of a 6 lane 25 meter pool, leisure pool, water slide, spa bench, wet/dry sauna, family change room, fitness centre with squash courts along with meeting rooms and 4,500 square feet of meeting space, opened to the public in April of 2006.



Phase 2 opened its doors to the public on March 1 as the Summerside Western Capitals hosted the Moncton Beavers in the Maritime Junior A Hockey League playoffs.

Consisting of two NHL size ice surfaces, the main arena has 3,500 fixed seats that provide unobstructed views of the ice surface. Ten skyboxes on one side of the building seat twelve people with standing room for 400 and room for approximately 150 above the

concourse area on the west side.

The facility is completely wheel chair accessible with areas on the concourse for those in wheelchairs to view action on the ice. The concourse area has a quarter kilometer, three lane wide walking/running track. The facility also boasts eleven change rooms, two officials rooms, skater sharpening and first aid room. Washrooms are located in all four corners of the facility. Boards around the ice are 48 inches high with eight feet of seamless glass. Add in state of the art sound system and lighting along with acoustic tiles, and the Summerside Wellness Centre provides a great venue for any sporting and special event.

The second arena, has bench seating to accommodate approximately 400 people with modifications made to players benches to accommodate sledge hockey and inverted lighting that will allow for volleyball or basketball.

Bowling has once again made its return to Summerside, as Phase 2 also includes an eight lane bowling complex. The facility provides 5 or 10 pin bowling with electronic scoring, sound system, cosmic and black lighting.

Upcoming events include Charlie Pride, the Maritime Fire Chiefs Convention and Trooper. Consisting of close to 180,000 square feet and with ample parking, the Summerside Wellness Centre is Atlantic Canada's newest and most advanced sporting, recreation and convention centre, built with a vision of providing a versatile, first class venue for people to gather for work, play and to be entertained.





CANADA'S 2007 NATIONAL PARKS AND RECREATION CONFERENCE AND TRADE SHOW

**MARK YOUR CALENDARS!!
SEPTEMBER 26 – 29, 2007
OTTAWA, ON**

The Canadian Parks and Recreation Association (CPRA), Parks and Recreation Ontario (PRO), and the City of Ottawa invite you to join us at Canada's National Parks and Recreation Conference and Tradeshow 2007 in Ottawa, Ontario from September 26 to 29, 2007. Visit www.cpra.ca/e/events/nat_conference/index.htm for more information.

Pre-Conference

Join us on the Hill in Ottawa for a Parliamentary Forum, one of the pre-conference sessions being held this year at Canada's National Parks and Recreation Conference and Trade Show in Ottawa from September 26 - 29th. This is an opportunity for you to meet with your Member(s) of Parliament and make them aware of the issues and challenges that are faced by the parks and recreation sector. Additional pre-conference activities include sessions on inclusion, overseeing construction and retrofitting projects, risk management and special event planning, recreation research, air quality and mould awareness, and a guided tour of the Nation's Capital.

First Time Delegates' Reception

If you have never attended this national conference before, then you will be invited to the First Time Delegates' Reception, being held at 4:30 pm on Wednesday, September 26th. You will meet members of the Boards of Directors of the Canadian Parks and Recreation Association and Parks and Recreation Ontario, members of the National Conference Core Committee, and other invited dignitaries. This will be a great opportunity for you to meet other first time delegates and know that there will be friendly and familiar faces to greet you as you walk into the learning sessions and social events. Make sure to plan your travel time accordingly so that you won't miss this event....because you can only ever be a first timer once!

Conference Location:

Canada's 2007 National Parks and Recreation Conference and Trade Show will take place in the heart of the nation's capital at the Crowne Plaza Hotel, 101 Lyon Street, Ottawa, ON just minutes away from many landmark attractions. Other locations will also be used for various events including the Canadian War Museum, Museum of Aviation, and the St. Andrews Historical Landmark.

Host Hotels:

Crowne Plaza Ottawa
101 Lyon Street
Ottawa, ON
Phone: (613) 237-3600
Toll Free: 1-800-2CROWNE
www.crowneottawa.ca

Ottawa Marriott
100 Kent Street
Ottawa, ON
Phone: (613) 238-1122
Toll Free: 1-800-853-8463
www.ottawamarriott.com

Registration Fees: (All Fees Include GST)

Early-Bird Rate (Deadline: August 24)

\$525 - Member Rate
\$630 - Non-Member Rate

Daily Rate (Thursday/Friday)

\$260 - Member Rate
\$290 - Non-Member Rate

Regular Rate

\$600 - Member Rate
\$685 - Non-Member Rate

Daily Rate (Saturday)

\$130 - Member Rate
\$150 - Non-Member Rate

Student Rate

\$145 (without meals)
\$350 (with meals)

HOPE TO SEE YOU THERE!



Have You Heard? CPRA has a New Membership Model

At the 61st Annual General Meeting, CPRA's new membership model was approved. This membership model provides a membership base that is both flexible and affordable and one that will help us achieve our goal to build and broaden our membership. Here is a brief outline of the new CPRA membership structure. For more information please visit <http://www.cpra.ca/e/members/index.htm> or contact the National Office by phone at (613) 523-5315 or by e-mail at cpra@cpra.ca.

Principal Members:

- Professionals (\$85) and Students (\$30) direct with CPRA
- Professionals (\$30) and Students (Free) through Partners or Affiliates

Associate Members:

- Professionals in Related Sectors, Volunteers, Retirees (\$30) direct with CPRA
- Professionals in Related Sectors, Volunteers, Retirees (Free) through Partners or Affiliates
- Retirees Life Time Membership (\$150)

Academic Institutional Members (\$350)

- One Principal Membership
- Associate Memberships for Faculty Members
- Unlimited Principal Membership for full-time and part-time students

CPRA's Membership Brochure is now available to download.

CPRA's new membership brochure is *Now Available* for you to download at: <http://www.cpra.ca/e/members/index.htm>. The brochure provides a background of CPRA, an outline of the different membership options available, the benefits of being a CPRA member and a membership application form. Download your copy today and spread the word about CPRA's membership!

CPRA



In business to support recreation, culture, sport and library services in communities across Canada

dmA is a recreation, culture and library planning firm with offices in Wolfville, Nova Scotia and Toronto, Ontario. For more than 25 years, we have worked with communities across Canada to prepare feasibility and business plans for recreation, culture and libraries; operational reviews; parks, recreation and culture master plans.

We are pleased to support the Prince Edward Island Recreation & Facilities Association and its members.



For additional information, visit our website at: www.dmaconsulting.com

dmA Planning & Management Services
112 Front Street, Unit 219 • P.O. Box 2409
Wolfville, Nova Scotia B4P 2S3
T 902.542.2908 • F 902.542.2906



CENTAUR
PRODUCTS INC.

Sport Contracting

Proudly working with Canada's
communities for over 34 years

Proud Suppliers of:

- Arena Dasher Boards
- Rubber Flooring
- Artificial Turf
- Gymnasium Equipment
- Bleachers & Seating Systems
- LED Scoreboards
- Sports Netting



WWW.CENTAURPRODUCTS.COM

1-800-530-1525

Parents Steal some active time during kids Hockey Practise

The hockey season has ended and I would like to share with you how a group of parents took advantage of our children's practice times at the local rinks. During this last hockey season I gathered up some of the parents of my sons hockey team and we exercised instead of standing and drinking hot chocolate. We would utilize whatever facility we were at that housed a fitness center. All the facilities offer a variety of classes and programs, and most have walking tracks. Our sessions varied from some strength to some fitness classes. I would encourage all the rinks that have fitness centers to make sure there are visible signs that stress that the fitness centers are open for drop-ins. We had a great time, stayed warm, helped to bring some money into the local gyms and we were investing time into ourselves. So next season use those practice times to get your body moving instead of sitting and watching.

Submitted by: Rita Sark, Certified Trainer



SAUNDERS
EQUIPMENT LTD.

328 Gibson St.
Fredericton, NB E3A 5G9
Phone (506) 458-9460
Fax (506) 458-0186

Sales * Parts * Service

**Atlantic Canada's Municipal
Equipment Specialists**

SAUNDERS
EQUIPMENT LTD.



Check out our website:

www.saunders.nb.ca



**Professional Hockey Goal
Frames, Nets and Accessories**

Propane Ice Edgers



Canadian Recreation Facilities Council (CRFC) Update

The Annual CRFC forum was attended by Beth Grant, Executive Director of Recreation P.E.I.. The meetings were held in Saskatoon May 8-11.

CRFC is the National Forum advancing recreation facilities in Canada.. Membership is made up of ten provinces and three territories. An annual report was presented by each member, sharing best practices and new initiatives. Round table discussions followed each presenter. Reports were also given from the western, central and eastern regions. Bill Cruickshank, Recreation Facilities Association of Nova Scotia, is the eastern representative and was reelected for a two year term.

Discussion topics included: the current infrastructure crisis in Canada, arena air quality, and defibrillators in recreation facilities. CRFC is partnering with Hockey Canada at the 2008 IIHF World championship by hosting the first national Arena symposium in conjunction with this prestigious event. Each provincial association will be helping in running this symposium. It will be an amazing professional development opportunity, so P.E.I. arenas should plan to send good representation.

Ontario announced and AED subsidy program followed by P.E.I., and then Nova Scotia in 2007.

A results based governance model was accepted by the CRFC membership, as a new governance model for the council.

John Milton was congratulated on doing an excellent job as the new part time Executive Director for CRFC. In creation of the first national office some of the tasks John has been involved in include: branding CRFC, meeting with Ringette, Hockey Canada (line markings, national sponsorship opportunities, poster campaign), project proposal for NRCAN Cool Solutions DVD distribution and new child fitness tax credit discussions.

Representatives from Hockey Canada, Sport Canada, CPRA and True Sport attended the CRFC Annual Forum. Todd Jackson, Risk Manager Hockey Canada, updated the forum on the national arena census as well as other topics on the table at the meeting. CRFC developed the new sledge hockey accessibility design guidelines for arenas, in partnership with Hockey Canada. Sledge Hockey is the paralympic version of hockey.

Recreational & Family Cycling Events

Saturday May 12th 10am Charlottetown
Farmers Market to Brackley Pt Rd
Saturday May 19th 10 am Farmers Market to Milton
Saturday May 26th 10am Summerside to Kensington
Saturday June 2nd 10am Summerside to Wellington
Saturday June 9th 10am Brackley Pt Rd to Mt Stewart
Saturday June 16th 10am Richmond to Wellington
Saturday June 23th 10 am Emerald to Hunter River
Saturday June 30 10 am Iona to Wood Islands (start at RC Church)
Thursday July 5th 6pm Tignish to Elmsdale
Friday July 13th 6pm Mt Stewart to Morell
(strawberry festival)
Wednesday July 18th 6pm St Peters to Harmony Junction
Friday July 27th 6pm Kensington to Emerald (Irish Festival)
Sunday July 29th 1 pm Souris to Elmira (Strawberry Festival)
Sunday August 5th 1:30 pm Mt Stewart/Morell To St Peters
(Blueberry Festival)
Thursday August 9th 6pm Joe Ghiz Park to York
Thursday August 16th 6pm Montague to Georgetown
Thursday August 23 3rd 6pm Murray River to Murray Harbour
Monday August 27 6pm Borden Carleton to Emerald
Saturday September 8th 10am Milton to Hunter River
Tuesday September 11th 6pm Cardigan to Montague
Saturday September 15th 10 am Elmsdale to Portage
Saturday September 22rd 10 am Iona to Wood Islands
(70 mile yard sale)*
Saturday October 6th 10am Wood Islands to
Murray Harbour*
Sunday October 7th 11am Mt Stewart to Georgetown*
Monday October 8th 1pm St Peters to Elmira *

* 3 day Island East event on Thanksgiving weekend on October 6,7 & 8, 2007. For details and cost contact <http://www.islandtrails.ca/> Frank Curley 658-2801, Denis Dunne 566-5974 or Grace Blackette at 583-2412 gjblackette@pei.sympatico.ca Schedule on web site www.islandtrails.ca

* For events slower cyclists will start BD hour early. Events accompanied by Trail Officer volunteers. All 400 km of the Confederation Trail will be covered during the 2007 cycling season.



Here are just a few of the many items we have

- Tape & Laces
- Skateguards
- Stones & Diamonds
- Sharpener Accessories
- Player Accessories
- Riveter
- Arena & Coach Boards
- Mini pro shop ... and so on and so on

We have 95% same day shipping and will ship anywhere.

We specialize in skate sharpening and pro shop supplies.

We want to get to know you and your business! We have all the player accessories you need to fill your arena pro shop.



Just give us a call or visit our web site.
www.centerice.on.ca
Let us help you !!!

Tel:1-800-203-3712

MARITIME RECREATION FACILITY CONFERENCE AND TRADE SHOW BIG SUCCESS



The first Maritime Recreation Facility Conference and Trade Show was held in Moncton New Brunswick, on June 6-8. Over 120 delegates attended from across the Atlan-

tic provinces. The Trade Show was sold out, with 40 exhibitors. P.E.I. was well represented with delegates from Tignish, Summerside, Cornwall, Charlottetown and Stratford.

Delegates received a high end sports bag (produced here on P.E.I.), embroidered with the logos of the three recreation facility associations and the premiere conference sponsor, Jet Ice.

The Conference kicked off with opening keynote speaker Kara Grant from P.E.I... She is a P.E.I. olympian that competes internationally for Canada in the sport of modern pentathlon (swimming, fencing, riding, shooting and running). From her experiences as a child growing up on P.E.I., Kara spoke on the importance of having the opportunity to have fun and try a



variety of activities. This simple background can set the stage to develop into a high performance athlete. She shared her experiences in using recreation facilities around the world.

There was a buffet of sessions to choose from. Speakers from P.E.I. included Francois Caron (Recreation Facility Infrastructure Panel), Frank Quinn (Opportunities for Skate Park Development) and Beth Hoar (Urban Parks - Forest Restoration). These speakers added their time and talent to help make the Conference a success. Speaker gifts include

jams from Nova Scotia, New Brunswick maple syrup and maple butter, and P.E.I. Preserve Company treats.

The facility tours were very popular. Delegates were bussed to see three facilities in Moncton, the new YMCA, the Tim Horton's 4-Plex and Dundee Sports Dome.



The Trade Show was impressive - with delegates asking for more time to visit all the exhibitors. Beautiful door prizes were given out by exhibitors to lucky delegates. The P.E.I. Department of Community and Cultural Affairs sponsored the Trade Show Luncheon. The New Brunswick Government sponsored the conference brochure and the Nova Scotia Government sponsored the banquet.



Social highlights were the Banquet, Maritime Hospitality Social and a night out at "Yuk Yuk's" stand up comedy show.

Comfortable accommodation and meeting

space, as well as abundant and delicious food, made a conducive atmosphere for learning and networking.

The planning committee hopes to host the conference every second year. Don't miss the next one! It is a wonderful professional development opportunity to network, learn new things in the field and see suppliers face to face. **AND NOW IT IS ALL AVAILABLE IN THE MARITIMES FOR MARITIMERS!**



BUILDING SOLUTIONS TO MEET YOUR NEEDS

BUILD

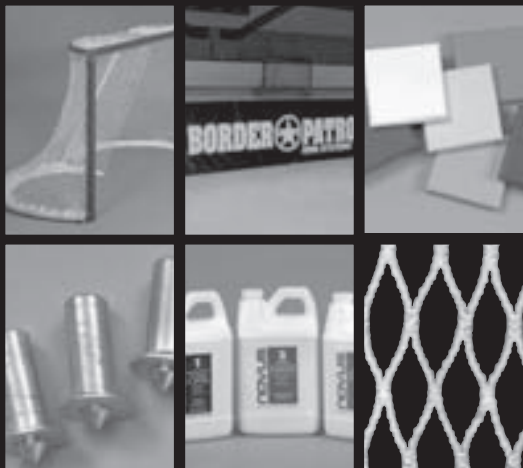


CRYSTAPLEX DASHER BOARDS SYSTEMS:

- » Seamless Glass for optimal viewing
- » CheckFlex® impact-absorbing boards
- » GlassFlex® impact-absorbing shielding



- » Acrylic
- » Goals and nets
- » Poly
- » Ice dams
- » Tempered glass
- » Line kits
- » Cleaning products
- » Ad boards
- » Ice paint
- » Ice covers
- » Flooring
- » Protective netting
- » Glass clips
- » And much more



MAINTAIN

PROUDLY SERVING YOUR NEEDS FROM OUR
ONTARIO AND MINNESOTA LOCATIONS

» www.athletica.com » 800.809.RINK(7465)
Warehouses in Ontario and Minnesota





CANADIAN RECREATION
FACILITIES COUNCIL

CRFC MEMBER RELEASE

FOR IMMEDIATE RELEASE

CONTACT:

Mr. John Milton, Chief Executive Officer, Canadian Recreation Facilities Council
Tel: (416) 426-7062 or (800) 661-6732 or info@crfc.ca www.crfc.ca

April 25, 2007

CANADIAN RECREATION FACILITIES COUNCIL & HOCKEY CANADA PARTNER TO OFFER THE 1ST NATIONAL ARENA SYMPOSIUM TO BE HELD IN CONJUNCTION WITH 2008 IIHF WORLD CHAMPIONSHIP

The IIHF World Championship is the premier international tournament in Men's ice hockey. It is governed by the [International Ice Hockey Federation](http://www.iihf.com) (IIHF) and will be held in Canada, May 2008 in both Quebec City and Halifax.

The IIHF World Championship may in its own right be a premier event, but for the first time ever in Canada, a National Arena Symposium will also be offered in 2008 to focus on leading edge arena operations topics.

The [Canadian Recreation Facilities Council](http://www.crfc.ca) is comprised of 13 Provincial and Territorial Facility Associations which represent in excess of 10,000 members across Canada and is pleased to announce that it has partnered with [Hockey Canada](http://www.hockeycanada.ca) to organize the first-ever National Arena Symposium in Quebec City, May 2-5, 2008. Partnering with Hockey Canada, as part of the larger Hockey Conference including the International Coaches Conference and the Officiating Summit, will provide the CRFC with significant opportunities.

Canadian Recreation Facilities Council Chair, Randy Kinnee stresses the significance of being part of a National Arena Symposium that will bring together grass roots officials, members of the international ice hockey federation, owners/operators and managers of Canada's largest sports facilities at one event for the first time. This will provide a superb opportunity for unparalleled interaction between the users and the owners of hockey arenas and bring to the forefront recurring and new emerging issues as well as providing a forum that will foster a better understanding of the relationship between the owners and the users of Canada's 3000 ice surfaces.

Hockey Canada President, Bob Nicholson emphasizes the importance of Hockey Canada's partnership with CRFC, noting that we as one of the key user groups of arenas across Canada must continue to work closely with the CRFC and the Provincial/Territorial associations on related topics and issues facing facilities of today. This event is another great example of how the two groups can merge to ensure top rate facilities across Canada.

The Canadian Recreation Facilities Council (CRFC) has a vision to be the recognized national leader and advocate for all recreation facility associations and similar organizations. With a mission to be the national forum advancing recreation facilities. CRFC is comprised of 13 Provincial and Territorial Facility Associations across Canada. Our Members have collectively provided quality facility services for over 500 years. Information relative to the programs and services can be obtained from each organization separately.

-30-



**TRUE
SPORT**

Join It. Show It. Live It. Grow It.

Join the Movement and order your
Community Action Kit
at truesport.ca.

Do you believe that a positive sport experience builds character and contributes to stronger communities?

If you join the TRUE SPORT Movement, you will work for TRUE SPORT.

TRUE SPORT ... M ... f ... – **fairness excellence**
inclusion ... un. T T S M ... f ... , ... ,
 f ' ' , ... f C ' , ... ,
 f , ... k f C ... M
 T S – www.truesport.ca

92% f C ... f ...
 L 1 5 C
 T S W A W S H W Y .



PEI Tobacco Free Sport and Recreation, Phase 2 Reaches 1,100 kids



Eighteen schools and 1,100 students later, Phase 2 has made tobacco awareness top-of-mind for Islanders young and old. During the months of February and March, co-ordinator Ward MacDonald was able to share important messages with students and faculty across PEI.

Through the 60-minute PowerPoint presentation, MacDonald was able to deliver several important

messages focussing on the dangers of using tobacco, how tobacco companies market to youth, and how sport and recreation can decrease youths chances of using tobacco.

Along with the tradition factual slides, the presentation also delivers meaning through animation, pictures and video. Examples of Big Tobacco's \$7 billion per year marketing campaign are explored including videos on the marketing of cigarettes through Hollywood movies, while two other videos provide first-hand accounts of tobacco-related illness. Through discussion with teachers and students, MacDonald determined that these two videos had the most affect: *Barb Tarbox* and *Rick Bender*

- *Story of a Spit Tobacco User*. Each video portrays the struggles faced by a tobacco user who has contracted cancer as a result of tobacco use (cigarettes and chew tobacco respectively).



A free copy of the Tobacco Free Presentation is available to teachers, coaches and other educators by contacting Beth Grant at 892-6445. It has been approved by the Western School Board and Eastern School District, and will be recommended in the new Grade 9 health curriculum.

On the side of research, surveys were completed by volleyball athletes, and coaches of baseball, volleyball, and other sports. The complete survey reports will be available soon at www.peirfa.ca and are currently available by contacting Beth Grant. An interesting point was discovered in that of 171 coaches surveyed, 26% had used tobacco in the past year, however, 67% of those users had tried to quit in the past 6 months. This may indicate that there is a community of coaches that may use the Patch Program as a catalyst to become better role models!

A few good inroads were made in regards to the Patch Program for Tobacco Free Teams. While the short time frame of our project limited our ability to roll out the Tobacco Free Patch program, we were able to get a strong commitment from several individuals who have the initiative to adopt

the program on their own. The Stow-all Senior Mens Hockey League was one of the first groups to advocate our cause and they plan to become Tobacco Free Patch role models at the beginning of their 2007/08 season. Baseball PEI is also initiating tobacco free teams this summer, and the Town of Stratford is working on their own version of a Tobacco Free Soccer program, based on our model. Any teams who are interested in become tobacco free models may contact Beth for details.



Tobacco Free Events were used to promote our cause throughout the program. Combined events with Smokers' Help line (Ann Millar) and SWITCH (Marla Delaney) proved to be the most effective. Events were staged with the help of UPEI Women's Hockey, UPEI Women's Volleyball, and the PEI Rocket and the Charlottetown Civic Centre.

Tobacco Free Policies begin with sample policies. During Phase 2, Tobacco Free Templates have been prepared for Indoor and Outdoor Recreation Facilities and for Tobacco Free Teams (Coaches' Tool Kit). The templates include the reasoning behind such polices, best practices from other regions in Canada, how to enforce policies, and how to "sell the idea" to your group (be it a team, recreation facility, town council, or the general public). Policy templates will also be available at www.peirfa.ca soon or may be obtained by contacting Beth Grant.

Jet Ice®

WE BRING ICE TO LIFE®

Solving problems & creating solutions for the ice making industry since 1979



Paint Stick



(Standard Package shown)

Our application packages are exclusively designed for fast and easy application of our white ice paint.



Ice Marking and Template Kit



www.jetice.com
info@jetice.com

CIMCO CAN SERVE ALL OF YOUR REFRIGERATION NEEDS

- ☐ in-house professional engineering;
- ☐ representative dedicated exclusively to recreation industry;
- ☐ preventative maintenance and service for any system;
- ☐ parts and service for all manufacturers' equipment;
- ☐ compressor overhauls and brine pump repair;
- ☐ brine headers, dehumidifiers, gas detectors;
- ☐ ammonia, CFC's, brine, oil;
- ☐ brine and oil analysis

LEADER IN PROVIDING ENERGY EFFICIENT SOLUTIONS:

- ☐ 5000E Ice Surface Temperature Controllers;
- ☐ Plate-and-frame chiller technology;
- ☐ Heat recovery systems, and more!



3 OFFICES IN ATLANTIC CANADA!

19 Acadia Street
373 Baig Blvd.
42 O'Leary Ave.

Dartmouth, Nova Scotia
Moncton, New Brunswick
St. John's, Newfoundland

B2Y 2N1
E1E 4H8
A1B 2C7

Tel: (902) 469-0023
Tel: (506) 854-7787
Tel: (709) 753-1440

Fax: (902) 465-5239
Fax: (506) 854-7742
Fax: (709) 754-3111

Visit us at our website: www.cimcorefrigeration.com

Recreation Facility LOG BOOKS now available in the Maritimes

PEIRFA is pleased to be a partner in a joint initiative with Recreation Facilities Nova Scotia and Recreation New Brunswick to have our three logos, plus CIMCO on a series Recreation Logbooks. An excellent risk management tool. Samples can be viewed at the PEIRFA office.

Arena Inspection & Maintenance Logbook

Developed to ensure accurate record keeping for arena facilities, this logbook includes sections on arena start-up and ice installation, daily, weekly and monthly checklists, general maintenance and equipment inventory. Also available in French.

PRICE: \$65 (members); \$75 (non-members)

Pool Inspection & Maintenance Logbook

Developed to allow accurate record keeping for aquatic facilities. It allows for daily equipment and chemical testing record keeping for one full year. Also available in French.

PRICE: \$65 (members); \$75 (non-members)

Skateboard Park Logbook

Developed to ensure accurate record keeping for supervised skate park facilities, this logbook allows for weekly inspections and includes accident report forms as well as general supervisory information.

PRICE: \$28 (members); \$38 (non-members)

Playground and Sport Court Logbook

Developed to ensure accurate record keeping for playgrounds and sport courts. This logbook allows for weekly playground inspections and has sections for weekly sport court inspections. For larger municipalities with multiple playgrounds and sport courts, this logbook has been designed so that Avery Labels can be used on each form for ease of use.

PRICE: \$45 (members); \$55 (non-members)

Sport Field Logbook

Developed to ensure accurate record keeping for sports fields. This logbook allows for weekly inspections of sports fields and also includes a maintenance report form section for ease of use.

PRICE: \$45 (members); \$55 (non-members)

Community Parks & Field Logbook Package

This package includes a playground & sport court logbook, skateboard park logbook and a sport field logbook for convenience.

PRICE: \$75 (members); \$95 (non-members)

Please note: Taxes and shipping extra.

To Order, Contact:

Recreation New Brunswick

Tel: (506) 459-1929 • Fax: (506) 450-6066

email: rnb@recreationnb.ca

high quality, solid security

professional installation
& repairs

**EASTERN
FENCE**

since 1898 free estimates

our products

- custom wood products
- swimming pool fence
- baseball backstops
- tennis courts
- chain link - 4 colours
- snow fence
- coloured privacy slats
- factory partitions
- bollards
- automatic gate openers
- woven mesh
- gabion rock baskets





EASTERN FENCE PRODUCTS

50 Grant Street • Charlottetown, PEI C1A 7K2

Ph: **902.368.2927** • Fax: **902.629.1700** • Toll Free: **1.800.725.6456**

email: elfence@eastlink.ca

residential & commercial

"Professional Installation"